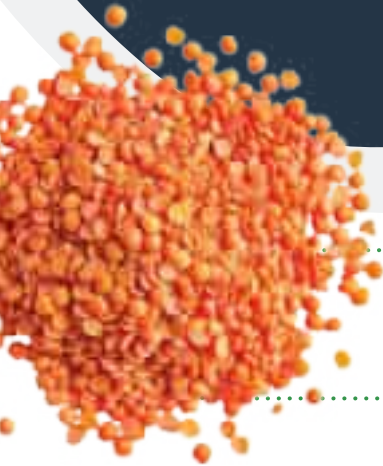




*Created by nature,
proven by science*

What does 2 grams of plant sterols look like?



**45 cups
pink lentils (boiled)**
12 246 Kcal

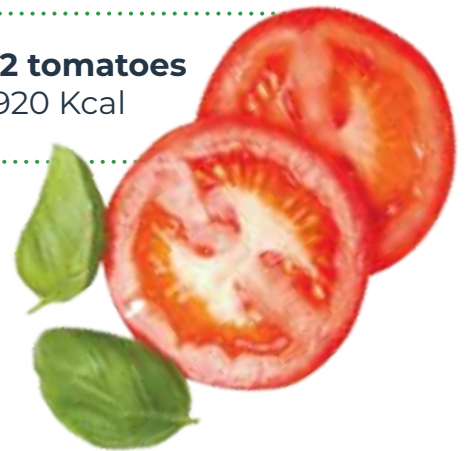


**896 tbsp
almond butter**
8 848 Kcal



**66.6 tbsp
vegetable or olive oil**
8 080 Kcal

222 tomatoes
4 920 Kcal



105 bananas
11 055 Kcal



19 avocados
4 285 Kcal



59 oranges
4 035 Kcal



**14.6 cups
almonds**
8 511 Kcal

**91 apples
(with peel)**
8 603 Kcal



Aligned with the strong recommendations from the CCS on phytosterols in lipid management.

The **Canadian Cardiovascular Society** supports the recommendation of a daily intake of **2 g of phytosterols**, based on high-quality scientific evidence, in the management of cholesterol.

Cardiosmile is the only product on the market to contain **2 g** of pure, water-soluble **phytosterols approved by Health Canada**.

CARDIOSMILE. SIMPLE, EVERY DAY.

Cardiosmile supports healthy cholesterol management and integrates as **an effective add-on to lifestyle measures and existing treatments**, in line with Canadian guidelines.



Shake the daily sachet lightly before opening it.



Consume directly from the sachet, or add the contents to a cold or hot liquid or food.



Consume immediately. It's done!

Where to find it?

Ask your pharmacist! Although available without a prescription, this product is stored in the pharmacy's laboratory. If it's not in stock, it can be ordered and delivered quickly!

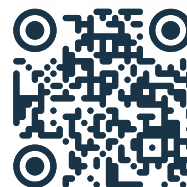
Accès Pharma (Walmart) - 50419481
Brunet - 42321501
Costco - 168568
Familiprix - 207213
Jean Coutu - 753058

Kohl & Frisch - 168568
Matrix - 21735031
McKesson - 186828
PharmaChoice - 186828
PharmaPlus - 412095
Pharmaprix - 21735031

Proxim - 186828
Shopper's Drug Mart - 21735031
Uniprix - 186828



For any additional information or questions about Cardiosmile, visit



cardiosmile.ca